

# Jewish Home Assisted Living

# SEPTEMBER 2010 (ML)

Director of Programming Julie Cochrane  
 To Contact Please Call 201-666-2370 ext. 305  
 Email: J.Cochrane@jhalnj.org

| Sun  | Mon   | Tue  | Wed  | Thu   | Fri  | Sat   |
|--|---|--|--|---|--|---|
| <p><u>Program Locations</u><br/>                     T=2<sup>nd</sup> Floor Theatre<br/>                     C=2<sup>nd</sup> Floor Caf <br/>                     Ex= 2<sup>nd</sup> Floor Exercise Room<br/>                     1flr= 1<sup>st</sup> floor Living Room<br/>                     All Other Programs Are<br/>                     Held In the Living Room<br/>                     unless otherwise noted</p>              | <p><b>All Programs,<br/>                     Locations, And<br/>                     Times Are<br/>                     Subject To<br/>                     Change!</b></p>   | <p><u>Resident Rights #7</u><br/>                     The right to have or not to have families' and friends' participation in resident service planning and implementation.</p>   | <p>1<br/>                     9:30 Current Events-<br/>                     10:15 Bend And Stretch-<br/>                     10:45 Water Break<br/>                     11:00 Let's Get Together<br/>                     1:30 Keeping Pace<br/>                     2:00 Word Games!<br/>                     3:15 Fruit Smoothie Social<br/>                     3:30 Jewish News w Batya<br/>                     6:30 Sing-A-Long w Batya</p>                    | <p>2<br/>                     9:30 In The News<br/>                     10:00 Let's Dance<br/>                     10:45 Water Break<br/>                     11:00 Music with Batya!<br/>                     11:30 Visit with Coco!<br/>                     1:30 Let's Stroll<br/>                     2:00 Pre-Shabbat Songs<br/>                     3:00 Foliage Collage<br/>                     3:45 Thirst Quencher<br/>                     4:00 Arm Chair Travel<br/>                     6:30 Family Feud</p> | <p>3<br/>                     9:30 Today's Headlines<br/>                     10:15 Exercise<br/>                     10:45 Water Break<br/>                     11:00 Pre-Shabbat- Theatre<br/>                     11:30 Shake Loose a Memory<br/>                     1:30 Keeping Pace<br/>                     2:00 Mind Joggers<br/>                     3:00 Bingo<br/>                     3:45 Thirst Quencher<br/>                     4:00 Family Feud<br/>                     6:30 Movie Night!</p>         | <p>4<br/>                     9:30 Week In Review<br/>                     10:00 Am service -T<br/>                     10:15 Keeping Fit<br/>                     10:45 Water Break<br/>                     11:00 Word Games<br/>                     1:30 Walking Club<br/>                     2:00 Bingo<br/>                     3:00 wii Games<br/>                     3:45 Thirst Quencher<br/>                     4:00 Rabbi Schwartz<br/>                     6:30 Saturday Night Movie</p> |
| <p>5<br/>                     8:00 Mass (ch 73)<br/>                     9:30 Current Events<br/>                     10:15 Morning Stretch<br/>                     10:45 Water Break<br/>                     11:00 Let's Get Together<br/>                     1:30 Walking Club<br/>                     2:00 Sing A Long<br/>                     4:00 Karaoke w Grace<br/>                     6:30 Let's Get Together</p>           | <p>6 Labor Day<br/>                     9:30 Today in History<br/>                     10:15 Moving to Music<br/>                     10:45 Water Break<br/>                     11:00 Famous Faces<br/>                     11:30 Word Games<br/>                     1:30 Keeping Pace<br/>                     2:15 Let's Sing<br/>                     3:00 Piano Favorites Sandy-1LR<br/>                     4:00 Short Stories<br/>                     6:30 Sing-A-Long</p>       | <p>7<br/>                     9:30 News Discussion<br/>                     10:15 AM Workout<br/>                     10:45 Water Break<br/>                     11:00 Password<br/>                     11:30 Trivia Challenge<br/>                     1:30 Keeping Pace<br/>                     2:00 Music with Marge<br/>                     2:00 Bowling!<br/>                     3:30 Sing-A-Long w Batya<br/>                     3:45 Thirst Quencher<br/>                     6:30 Word Games with Kathy</p> | <p>8 Eve of Rosh Hashana<br/>                     9:30 Current Events-<br/>                     10:15 Bend And Stretch-<br/>                     10:45 Water Break<br/>                     11:00 Let's Get Together<br/>                     1:30 Keeping Pace<br/>                     2:00 Word Games<br/>                     3:15 Fruit Smoothie Social<br/>                     3:30 Jewish News w Batya<br/>                     6:30 Sing-A-Long w Batya</p> | <p>9 Rosh Hashana<br/>                     9:30 In The News<br/>                     10:00 Move to Music!<br/>                     10:45 Water Break<br/>                     11:00 Let's Dance<br/>                     11:30 Visit with Coco!<br/>                     1:30 Let's Stroll<br/>                     2:00 Bingo<br/>                     3:30 Birthday Party!<br/>                     6:30 Family Feud</p>  | <p>10 Rosh Hashana<br/>                     9:30 Today's Headlines<br/>                     10:15 Exercise<br/>                     10:45 Water Break<br/>                     11:00 Pre-Shabbat- Theatre<br/>                     1:30 Keeping Pace<br/>                     2:00 Mind Joggers<br/>                     3:00 Bingo<br/>                     3:45 Thirst Quencher<br/>                     4:00 Family Feud<br/>                     6:30 Movie Night</p>  | <p>11 Patriot's Day<br/>                     9:30 Week In Review<br/>                     10:15 Keeping Fit<br/>                     10:45 Water Break<br/>                     11:00 Word Games<br/>                     1:30 Walking Club<br/>                     2:00 Bingo<br/>                     3:00 wii Games<br/>                     3:45 Thirst Quencher<br/>                     4:00 Rabbi Schwartz<br/>                     6:30 Saturday Night Movie</p>                               |
| <p>12 Grandparent's Day<br/>                     8:00 Mass (ch 73)<br/>                     9:30 Current Events<br/>                     10:15 Morning Stretch<br/>                     10:45 Water Break<br/>                     11:00 Baking with Grace<br/>                     1:30 Walking Club<br/>                     2:00 Sing-A-Long<br/>                     4:00 Karaoke<br/>                     6:30 Let's Get Together</p> | <p>13<br/>                     9:30 Today in History<br/>                     10:15 Moving to Music<br/>                     10:45 Water Break<br/>                     11:00 Famous Faces<br/>                     11:30 Word Games w Grace<br/>                     1:30 Keeping Pace<br/>                     2:15 Let's Sing<br/>                     3:00 Piano Favorites Sandy-1LR<br/>                     4:00 Short Stories<br/>                     6:30 Sing-A-Long</p>        | <p>14<br/>                     9:30 News Discussion<br/>                     10:15 AM Workout<br/>                     10:45 Water Break<br/>                     11:00 Password<br/>                     11:30 Trivia Challenge<br/>                     11:30 Lunch Outing!<br/>                     2:00 Bowling!<br/>                     3:30 Sing-A-Long w Batya<br/>                     3:45 Thirst Quencher<br/>                     6:30 Word Games with Kathy</p>   | <p>15<br/>                     9:30 Current Events-<br/>                     10:15 Bend And Stretch-<br/>                     10:45 Water Break<br/>                     11:00 Let's Get Together<br/>                     1:30 Keeping Pace<br/>                     2:00 Word Games<br/>                     3:15 Fruit Smoothie Social<br/>                     3:30 Jewish News w Batya<br/>                     6:30 Sing-A-Long w Batya</p>                    | <p>16<br/>                     9:30 In The News<br/>                     10:00 Music with Marge<br/>                     10:45 Water Break<br/>                     11:00 Let's Dance<br/>                     11:30 Visit with Coco!<br/>                     1:30 Let's Stroll<br/>                     2:00 Pre-Shabbat Songs<br/>                     3:00 Craft Corner<br/>                     3:45 Thirst Quencher<br/>                     4:00 Arm Chair Travel<br/>                     6:30 Family Feud</p>    | <p>17 Eve of Yom Kippur<br/>                     9:30 Today's Headlines<br/>                     10:15 Exercise<br/>                     10:45 Water Break<br/>                     11:00 Pre-Shabbat- Theatre<br/>                     1:30 Keeping Pace<br/>                     2:00 Mind Joggers<br/>                     3:00 Bingo<br/>                     3:45 Thirst Quencher<br/>                     4:00 Family Feud<br/>                     6:30 Movie Night!</p>  | <p>18 Yom Kippur<br/>                     9:30 Week In Review<br/>                     10:15 Keeping Fit<br/>                     10:45 Water Break<br/>                     11:00 Word Games<br/>                     1:30 Walking Club<br/>                     2:00 Bingo<br/>                     3:00 wii Games<br/>                     3:45 Thirst Quencher<br/>                     4:00 Rabbi Schwartz<br/>                     6:30 Saturday Night Movie</p>                                  |
| <p>19<br/>                     8:00 Mass (ch 73)<br/>                     9:30 Current Events<br/>                     10:15 Morning Stretch<br/>                     10:45 Water Break<br/>                     11:00 Baking with Grace<br/>                     1:30 Walking Club<br/>                     2:00 Sing-A-Long<br/>                     4:00 Karaoke<br/>                     6:30 Let's Get Together</p>                   | <p>20<br/>                     9:30 Today in History<br/>                     10:15 Music with Marge<br/>                     10:45 Water Break<br/>                     11:00 Famous Faces<br/>                     11:30 Word Games w Grace<br/>                     1:30 Keeping Pace<br/>                     2:15 Let's Sing<br/>                     3:00 Piano Favorites Sandy-1LR<br/>                     4:00 Short Stories<br/>                     6:30 Sing-A-Long</p>       | <p>21<br/>                     9:30 News Discussion<br/>                     10:15 AM Workout<br/>                     11:00 Password<br/>                     11:30 Trivia Challenge<br/>                     1:30 Let's Stroll<br/>                     2:00 Sukkot Craft<br/>                     3:30 Sing-A-Long w Batya<br/>                     3:45 Thirst Quencher<br/>                     6:30 Word Games with Kathy</p>  | <p>22 Eve of Sukkot<br/>                     9:30 Current Events-<br/>                     10:15 Bend And Stretch-<br/>                     10:45 Water Break<br/>                     11:00 Let's Get Together<br/>                     1:30 Keeping Pace<br/>                     2:00 Word Games<br/>                     3:15 Fruit Smoothie Social<br/>                     3:30 Jewish News w Batya<br/>                     6:30 Sing-A-Long w Batya</p>      | <p>23 Sukkot<br/>                     9:30 In The News<br/>                     10:00 Music with Marge<br/>                     10:45 Water Break<br/>                     11:00 Let's Dance<br/>                     1:30 Let's Stroll<br/>                     2:00 Pre-Shabbat Songs<br/>                     3:00 Autumn Craft<br/>                     3:45 Thirst Quencher<br/>                     4:00 Arm Chair Travel<br/>                     6:30 Family Feud</p>   | <p>24 Sukkot<br/>                     9:30 Today's Headlines<br/>                     10:15 Exercise<br/>                     10:45 Water Break<br/>                     11:00 Pre-Shabbat- Theatre<br/>                     11:30 Shake Loose a Memory<br/>                     1:30 Keeping Pace<br/>                     2:00 Mind Joggers<br/>                     3:00 Bingo<br/>                     3:45 Thirst Quencher<br/>                     4:00 Family Feud<br/>                     6:30 Movie Night!</p> | <p>25 Sukkot<br/>                     9:30 Week In Review<br/>                     10:15 Keeping Fit<br/>                     10:45 Water Break<br/>                     11:00 Word Games<br/>                     1:30 Walking Club<br/>                     2:00 Bingo<br/>                     3:00 wii Games<br/>                     3:45 Thirst Quencher<br/>                     6:30 Saturday Night Movie</p>   |
| <p>26 Sukkot<br/>                     8:00 Mass (ch 73)<br/>                     9:30 Current Events<br/>                     10:15 Morning Stretch<br/>                     10:45 Water Break<br/>                     11:00 Baking with Grace<br/>                     1:30 Walking Club<br/>                     2:00 Sing-A-Long<br/>                     4:00 Karaoke w Grace<br/>                     6:30 Let's Get Together</p>    | <p>27 Sukkot<br/>                     9:30 Today in History<br/>                     10:15 Moving to Music<br/>                     10:45 Water Break<br/>                     11:00 Famous Faces<br/>                     11:30 Word Games w Grace<br/>                     1:30 Keeping Pace<br/>                     2:15 Let's Sing<br/>                     3:00 Piano Favorites Sandy-1LR<br/>                     4:00 Short Stories<br/>                     6:30 Sing-A-Long</p> | <p>28 Sukkot<br/>                     9:30 News Discussion<br/>                     10:15 AM Workout<br/>                     10:30 Outing- Bowling!<br/>                     11:00 Password<br/>                     11:30 Trivia Challenge<br/>                     1:30 Let's Stroll<br/>                     2:00 Bowling!<br/>                     3:30 Sing-A-Long w Batya<br/>                     3:45 Thirst Quencher<br/>                     6:30 Word Games with Kathy</p>                                   | <p>29 Hoshana Rabba<br/>                     9:30 Current Events-<br/>                     10:15 Bend And Stretch-<br/>                     10:45 Water Break<br/>                     11:00 Let's Get Together<br/>                     1:30 Keeping Pace<br/>                     2:00 Word Games<br/>                     3:15 Fruit Smoothie Social<br/>                     3:30 Jewish News w Batya<br/>                     6:30 Sing-A-Long w Batya</p>      | <p>30 Shemini Atzeret<br/>                     9:30 In The News<br/>                     10:00 Music with Marge<br/>                     10:45 Water Break<br/>                     11:00 Let's Dance<br/>                     11:30 Visit with Coco!<br/>                     1:30 Let's Stroll<br/>                     2:00 Pre-Shabbat Songs<br/>                     3:45 Thirst Quencher<br/>                     4:00 Arm Chair Travel<br/>                     6:30 Family Feud</p>                               |  | <p>Assisted Living Week<br/>                     September 12<sup>th</sup> – 18<sup>th</sup><br/><br/>                     "Winter is an etching, spring a watercolor, summer an oil painting, and autumn a mosaic of them all."<br/>                     -Stanley Horowitz</p>   |