

Jewish Home Assisted Living

SEPTEMBER (AL) 2010

Director of Programming Julie Cochrane
 To Contact Please Call 201-666-2370 ext. 305
 Email: J.Cochrane@jhalnj.org

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><u>Program Locations</u> T=2nd Floor Theatre C=2nd Floor Café Ex= 2nd Floor Exercise Room 1flr 1st floor Living Room All Other Programs Are Held In the Living Room unless otherwise noted</p>	<p>All Programs & Locations Are Subject To Change!</p>	<p><u>Resident Rights #7</u> The right to have or not to have families' and friends' participation in resident service planning and implementation.</p>	<p>1 9:30 Current Events -C 10:15 Bend And Stretch - Ex 11:00 Scared Straight - Lecture by Don Drakes - Ex 2:00 Outing 2:00 Jewish News-C 3:00 Bridge 3:00 Horticulture - Café 4:00 Table Games - Café 4:15 Wii Games-Ex 7:15 Evening Movie-T</p>	<p>2 9:30 In the news -C 10:15 Sittercise -EX 11:00 Cerebral Gymnastics-C 11:00 Pet Visit with CoCo-1st fl 2:00 Mah Jong -2nd fl 2:00 Table Games -C 2:45 Tai Chi with Hasmig -Ex 4:00 Weekly Torah Portion-C 4:30 Indoor Walking Club -L 7:00 Bingo -C 7:15 Movie in the theatre</p>	<p>3 9:30 Today's Headlines -C 10:15 Exercise -EX 11:00 Pre-Shabbat Gathering- T 2:00 The West wing -T 3:00 Bridge 3:30 Yoga with Caren -Ex 4:00 Indoor Walking Club -L 7:00 Evening Service -T 7:15 Movie - Ex</p>	<p>4 9:30 Week In Review -C 10:00 Am Services-T 11:00 Kiddush-C 11:00 Keeping Fit -Ex 2:00 Shabbas Schmooze-C 3:00 Staurday Movie -T 4:00 Table Games -C 7:15 Movie in the Theatre</p>
<p>5 8:00 Mass (ch 73) 9:30 Current Events -C 10:15 Morning Stretch-EX 11:00 Program by Batya-C 2:00 Afternoon Movie -T 2:00 Bingo with Sandy - C 4:00 Jewish Ethics Round Table-C 7:15 Evening Movie-T</p>	<p>6 Labor Day 9:30 Today in History-C 10:15 Moving to Music-EX 11:00 Trivia - C 2:00 Outing 2:00 Journey through the Bible-T 3:00 Piano Favorites-Sandy 1LR 4:00 Wii Games - Ex 4:00 Computer Design -C 7:15 Evening Movie -T</p>	<p>7 9:30 News Discussion -C 10:15 AM Workout -T 11:00 Chef Minutes - T 2:00 Mah Jongg 2:00 The Schmooze -C 3:00 Fruit Smoothies! -C 3:15 I love Lucy -T 4:00 Scrabble, Cards, etc -C 4:00 Indoor Walking Club -L 7:00 Bingo -C 7:15 Evening Movie-T</p>	<p>8 Eve of Rosh Hashana 9:30 Current Events -C 10:15 Bend And Stretch -EX 11:00 You be the Judge - C 2:00 Outing 2:00 Jewish News-C 3:00 Bridge 3:30 Arm Chair Travel - T 4:00 Table Games - Café 4:15 Wii Games-Ex 7:00 Evening Service 7:15 Evening Movie- Ex</p>	<p>9 Rosh Hashana 9:30 In the news -C 10:00 Morning Service - T 11:00 Kiddush-C 11:00 Exercise -EX 11:00 Pet Visit with CoCo-1st fl 2:00 Mah Jong -2nd fl 2:00 Afternoon Service 2:45 Tai Chi with Hasmig -Ex 4:00 Apple Cider Social -C 4:30 Indoor Walking Club -L 7:00 Evening Service - T 7:15 Movie - Ex</p>	<p>10 Rosh Hashana 9:30 Today's Headlines -C 10:00 Morning Service - T 11:00 Kiddush-C 11:00 Exercise -EX 2:00 The West wing -T 3:00 Bridge 3:30 Yoga Video - Ex 4:00 Indoor Walking Club -L 7:00 Evening Service - T 7:15 Movie - Ex</p>	<p>11 Patriot's Day 9:30 Week In Review -C 10:00 Am Services-T 11:00 Kiddush-C 11:00 Keeping Fit -Ex 2:00 Shabbas Schmooze-C 3:00 Staurday Movie -T 4:00 Table Games -C 7:15 Movie in the Theatre</p>
<p>12 Grandparent's Day! 8:00 Mass (ch 73) 9:30 Current Events -C 10:15 Morning Stretch -Ex 11:00 Program with Batya-C 2:00 Afternoon Movie -T 2:00 Bingo with Sandy - C 4:00 Jewish Ethics Round Table-C 7:15 Evening Movie-T</p>	<p>13 9:30 Today in History-C 10:15 Moving to Music-EX 11:00 Painting with Herrat - C 2:00 Outing 2:00 Journey through the Bible-T 3:00 Piano Favorites-Sandy 1LR 4:00 Wii Games - Ex 4:00 Computer Design -C 7:15 Evening Movie -T</p>	<p>14 9:30 News Discussion -C 10:15 AM Workout -EX 11:00 Book Club Discussion- C 2:00 Mah Jongg 2:00 Yoga with Caren - C 3:00 Fruit Smoothies! -C 3:15 I love Lucy -T 4:00 Scrabble, Cards, etc -C 4:00 Indoor Walking Club -L 7:00 Bingo -C 7:15 Evening Movie-</p>	<p>15 9:30 Current Events -C 10:15 Bend And Stretch -EX 11:00 Chocolate Covered Fruits! -C 2:00 Outing 2:00 Jewish News-C 3:00 Bridge 3:30 Bday Party with Pete -T 4:15 Wii Games-Ex 7:15 Evening Movie-T</p>	<p>16 9:30 In the news -1st Fl L 10:15 Sittercise -EX 11:00 Two Fibs & One Truth - C 11:00 Pet Visit with CoCo-1st fl 2:00 Table Games - Café 2:00 Mah Jong -2nd fl 2:45 Tai Chi with Hasmig -Ex 4:00 Weekly Torah Portion-1st Fl 4:30 Indoor Walking Club -L 7:00 Bingo -C 7:15 Movie in the theatre</p>	<p>17 Eve of Yom Kippur 9:30 Today's Headlines -C 10:15 Exercise -EX 11:00 Pre-Shabbat Gathering- T 2:00 The West wing -T 3:00 Bridge 3:30 Yoga Video - Ex 4:00 Indoor Walking Club -L 7:00 Evening Service -T 7:15 Movie - Ex</p>	<p>18 Yom Kippur 9:30 Week In Review -C 10:00 Am Services-T 11:00 Kiddush-C 11:00 Keeping Fit -Ex 2:00 Shabbas Schmooze-C 3:00 Staurday Movie -T 4:00 Table Games -C 7:15 Movie in the Theatre</p>
<p>19 8:00 Mass (ch 73) 9:30 Current Events -C 10:15 Morning Stretch -T 11:00 Program with Batya-C 2:00 Afternoon Movie -T 2:00 Bingo with Sandy - C 4:00 Jewish Ethics Round Table-C 7:15 Evening Movie-T</p>	<p>20 9:30 Today in History-C 10:15 Moving to Music-EX 11:00 Arts & Crafts with Grace 2:00 Outing 2:30 Dem. Tod These Q&A -T 3:00 Piano Favorites-Sandy 1LR 4:00 Wii Games - Ex 4:00 Computer Design -C 7:15 Evening Movie -T</p>	<p>21 9:30 News Discussion -C 10:15 AM Workout -EX 11:00 SlideShow by Laura- T 2:00 Mah Jongg 2:00 The Schmooze -C 3:00 Fruit Smoothies! -C 3:15 I love Lucy -T 4:00 Scrabble, Cards, etc -C 4:00 Indoor Walking Club -L 7:00 Bingo -C 7:15 Evening Movie-</p>	<p>22 Erev Sukkot 9:30 Current Events -C 10:15 Bend And Stretch -EX 11:00 Let's Bake - C 2:00 Outing 2:00 Jewish News-C 3:00 Bridge 3:00 Sukkot Decorating 4:00 Table Games - Café 4:00 Service at JHR 4:15 Wii Games-Ex 7:15 Evening Movie-T</p>	<p>23 Sukkot 9:30 In the news -C 10:00 Service at JHR 10:15 Sittercise -EX 11:00 Brain Teasers -C 2:00 Table Games -C 2:00 Mah Jong -2nd fl 2:45 Tai Chi with Hasmig -Ex 4:00 Apple Cider Social -C 4:30 Indoor Walking Club -L 7:00 Bingo -C 7:15 Movie in the theatre</p>	<p>24 Sukkot 9:30 Today's Headlines -C 10:00 Service at JHR 10:15 Exercise -EX 11:00 Pre-Shabbat Gathering- T 2:00 The West wing - T 3:00 Bridge 3:30 Yoga with Caren -Ex 4:00 Indoor Walking Club -L 7:15 Movie - T</p>	<p>25 Sukkot 9:30 Week In Review -C 10:15 Keeping Fit- Ex 11:00 Brain Teasers - C 2:00 Saturday Matinee -T 4:00 Table Games -C 7:15 Movie in the Theatre</p>
<p>26 Sukkot 8:00 Mass (ch 73) 9:30 Current Events -C 10:15 Morning Stretch -T 11:00 Resident Council -T 2:00 Afternoon Movie -T 2:00 Outing - Art Ex. River Vale Library 2:00 Bingo with Sandy - C 4:00 Jewish Ethics Round Table-C 7:15 Evening Movie-T</p>	<p>27 Sukkot 9:30 Today in History-C 10:15 Moving to Music-EX 11:00 Journey through the Bible-T 2:00 Outing 2:00 Kathy's trip to Amish Country - T 3:00 Piano Favorites-Sandy 1LR 4:00 Wii Games - Ex 4:00 Computer Design -C 7:15 Evening Movie -T</p>	<p>28 Sukkot 9:30 News Discussion -C 10:15 AM Workout -EX 11:00 Activity Planning - T 2:00 Mah Jongg 2:00 The Schmooze - C 3:00 Fruit Smoothies! -C 3:15 I love Lucy -T 4:00 Scrabble, Cards, etc -C 4:00 Indoor Walking Club -L 7:00 Bingo -C 7:15 Evening Movie-</p>	<p>29 Hoshana Rabba 9:30 Current Events -C 10:15 Bend And Stretch -EX 11:00 Let's Bake - C 2:00 Jewish News-C 2:00 Outing 3:00 Bridge 3:30 Art Exhibit by Hildi Borkowski - Ex 4:15 Wii Games-Ex 7:15 Evening Movie-T</p>	<p>30 Shemini Atzeret 9:30 In the news -C 10:00 Service at JHR 10:15 Sittercise -EX 11:00 Brain Teasers -C 2:00 Table Games -C 2:00 Mah Jong -2nd fl 2:45 Tai Chi with Hasmig -Ex 4:00 Apple Cider Social -C 4:30 Indoor Walking Club -L 7:00 Bingo -C 7:15 Movie in the theatre</p>	<p>Rummikub - Café Mondays & Wednesdays at 7:00pm Putting Lessons Every Wednesday at 11:00am & Fridays at 2:00pm Canasta - 2nd Fl Berrie Every Monday, Wednesday, and Friday at 2:00pm</p>	<p>Assisted Living Week September 12th - 18th "Winter is an etching, spring a watercolor, summer an oil painting, and autumn a mosaic of them all." -Stanley Horowitz</p>